



# Kindness

We look after each other by being caring and compassionate.

- Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. *Ephesians 4:32*
- No act of kindness, no matter how small, is ever wasted. *Aesop*
- You can always give something, even if it is only kindness. *Anne Frank*
- Kindness should become the natural way of life, not the exception. *Buddha*

**Kindness is at the heart of St James and we encourage children to be kind to one another by thinking of someone else before yourself, putting someone else's feelings first and acting in a manner which helps someone feel happy and valued.**

**Kindness is the quality of being friendly, generous, and considerate. Kindness means that you treat everyone the best that you can. No matter who they are or how you feel about them you treat them with fairness and respect. We might think of nice things to do and say all day but when we act, that is kindness. We believe that when you are kind to each other you fill your 'bucket' and the 'bucket' of the person you are being kind to. This creates a ripple effect and kindness spreads from one person to another.**

At school we take every opportunity to teach children this value by:

- Using kind hands and thinking before we speak.
- Sharing and taking turns with one another.
- Letting others join in our games.
- Congratulating and encouraging one another.

This value is reflected in our curriculum by:

- learning the importance of being kind to our community, to our environment and to people in the wider world.
- learning to respect each other and different cultures and enjoy celebrating our many similarities and differences.